



## Destiny Helpers

### The Helpers Heaven Has Assigned

If you have walked with the Lord for very long, you already know what I am about to say. Every God-given assignment will eventually bring you face-to-face with the limits of your own strength. The vision is too large. The territory is too vast. The opposition is too organized. The hours are too few. The resources are too thin. I have stood there myself more than once. I have watched faithful ministers stand there and break. In that moment, one of two things will happen: you will retreat in discouragement, or you will begin to discover what Adina and I learned years ago in the early seasons of LifeSpring—that **Heaven never intended for the assignment to be carried alone.**

**Long before you were aware of the call on your life, Heaven was already assembling the team that would surround it.** I want you to sit with that sentence for a moment. The Father did not call you and then leave you to figure out how to fulfill what He called you to. He has been preparing helpers for you across years—sometimes decades—of which you have been completely unaware. Some of them have already arrived. Some are still en route. Recognizing them is the subject of this book. Before you knew you would need an intercessor, Heaven was raising up a watchman who carried your burden in their spirit. Before you knew you would need a giver, Heaven was prospering someone whose heart would later be moved on your behalf. Before you knew you would need a craftsman, an administrator, a covering, a counselor, or a friend, Heaven had already begun the long, patient work of preparing them, positioning them, and pointing them toward you.

These are the Destiny Helpers.

They are the men and women whom God Himself has assigned to assist ministries and ministers in the fulfillment of their Kingdom assignments. Some come for a season. Some come for a lifetime. Some bring natural skill. Some bring financial provision. Some



bring intercession. Some bring counsel, connection, or covering. But all of them—every one of them—are sent.

### ***The Cost of Misunderstanding***

When you do not understand the teaching of Destiny Helpers, three tragedies unfold. **First**, divinely assigned helpers go unrecognized, unappreciated, and often eventually offended. **Second**, you find yourself laboring under loads that were never meant to be carried alone—and that road leads to burnout, sin, or the abandonment of the assignment. **Third**, you give the enemy an undefended doorway through which he will dismantle a Kingdom team Heaven invested decades to assemble. I have seen each of these tragedies play out in ministries I love. I have watched it cost good men their callings and good women their joy. We need to understand this, beloved.

The teaching of Destiny Helpers is not optional. It is foundational.

### ***What This Book Will Do***

This book has two intertwined purposes. The **first** is to help you recognize, receive, honor, and protect the Destiny Helpers Heaven has sent—and is yet sending—into your life and ministry. The **second** is to expose, in plain language, the strategies the enemy uses to dissuade those helpers and hinder the fulfillment of their assignment. I am not interested in giving you theology you cannot use. Every chapter in this book is meant to land in the lived life of your ministry.

Light dispels darkness. When you can see the schemes, you can dismantle the schemes. When you can name the helpers, you can honor the helpers. When you can discern the assignment, you can guard the assignment.

*Do not forget to entertain strangers, for by so doing some have unwittingly entertained angels. (Hebrews 13:2, NKJV)*

*Don't forget to extend your hospitality to all—even to strangers—for as you know, some have extended hospitality to angels without ever knowing it! (Hebrews 13:2, TPT)*



Heaven is still sending helpers. The question is whether you and I will recognize them when they arrive. Speak to your soul and ask it to settle back. Call your spirit forward. Invite Holy Spirit to be your teacher as you read. The eyes of your understanding need to open in this material, and they will not open by intellect alone.



## The Biblical Foundation of Destiny Helpers

*And the LORD God said, 'It is not good that man should be alone; I will make him a helper comparable to him.'* (Genesis 2:18, NKJV)

The teaching of the Destiny Helper is not a modern ministry concept. It is woven into the very fabric of creation. Before the entrance of sin, before the law, before the prophets, and long before the New Testament Church, Heaven established a foundational truth: the assignment of God upon a life is rarely meant to be carried alone. Hear me on this. This is not a strategy I built; this is a pattern I discovered. Every time I thought I had found the limits of it in Scripture, the Lord showed me another layer.

In Genesis 2:18, God surveyed the man He had formed and made the only declaration in the creation account that something was “not good.” It was not the absence of comfort He addressed, nor the absence of provision. The garden lacked nothing material. What was missing was a helper. The Hebrew word is *ezer*—a term used elsewhere in Scripture to describe God Himself as the help of His people. **To be a helper, in the divine economy, is to carry a measure of God’s own ministry into another life.**

### ***The Hebrew Word Ezer***

The word *ezer* appears twenty-one times in the Hebrew Scriptures. Twice it refers to the woman in Genesis. Three times it speaks of nations rendering military aid. Sixteen times it refers directly to God as the helper of His people. The statistical weight matters. To be called a helper is to step into a category of ministry God Himself occupies. The Destiny Helper carries a fragment of the helping nature of God.

*I will lift up my eyes to the hills—from whence comes my help? My help comes from the LORD, who made heaven and earth.* (Psalm 121:1–2, NKJV)

*I look up to the mountains and hills, longing for God’s help. But then I realize that our true help and protection come only from the Lord, our Creator who made the heavens and the earth.* (Psalm 121:1–2, TPT)

If our help comes from the Lord, and if the Lord clothes His help in human form, then those whom He assigns to assist you are clothed with a measure of divine authority. **To**



**despise the helper is to despise the help. To honor the helper is to honor the One who sent them.** I want you to write that down. Many of the wounds I have seen in ministry came from leaders who failed to make this connection.

A friend once had a dream where a large number of gifts were piled against a picket fence. My friend was speaking to the pastor of the church they attended and his wife. My friend was encouraging them to receive the gifts and place them within the fence.

The pastor and his wife would smile and admire the gift and place it on the ground, then look at the next gift, smile, and place it on the ground. This scenario continued. It spoke of a situation where the pastor and his wife, through personal insecurities, kept them from receiving and utilizing the giftings and people Heaven was sending to that church. After a time, the new gifts stopped coming, and the church began to decline slowly.

### ***Moses and the Seventy***

In the eleventh chapter of Numbers, Moses came undone under the weight of his assignment. The people complained, the burden multiplied, and Moses cried out to the Lord with words that should sober every leader who has felt the crushing of the call: *“I am not able to bear all these people alone, because the burden is too heavy for me”* (Numbers 11:14, NKJV).

God’s response is one of the most instructive moments in the Old Testament regarding the teaching of Destiny Helpers. The Lord did not rebuke Moses for his weakness. He did not tell him to push harder, pray more, or fast longer. Instead, He said, *“Gather to Me seventy men of the elders of Israel ... and I will take of the Spirit that is upon you and will put the same upon them; and they shall bear the burden of the people with you, that you may not bear it yourself alone”* (Numbers 11:16–17, NKJV).

Three foundational truths emerge from this passage, and I want you to receive each of them. **First, the Spirit upon Moses was sufficient for the seventy.** The anointing on your life is not diminished when it is shared with the helpers Heaven sends—it is multiplied. **Second, the seventy did not generate their own anointing for the assignment;** they received it from Moses, by impartation, by the Spirit of God. **Third, the**



**burden was real, but it was never meant to be carried alone.** Read those again. The implications for how you handle your own assignment are significant.

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*The anointing on a leader's life is not diminished when it is shared with helpers—it is multiplied.*

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### ***Aaron and Hur***

In Exodus 17, Israel went to war against Amalek. While Joshua led the army on the field, Moses stood on the hill with the rod of God in his hand. As long as his hands were raised, Israel prevailed. When his hands grew heavy and dropped, Amalek prevailed. An entire generation's outcome hinged on the strength of one man's arms.

*But Moses' hands became heavy; so they took a stone and put it under him, and he sat on it. And Aaron and Hur supported his hands, one on one side, and the other on the other side; and his hands were steady until the going down of the sun. (Exodus 17:12, NKJV)*

Aaron and Hur did not lead the battle. They did not deliver the prophetic word. They did not even fight. They simply held up the arms of Moses so he could continue functioning in the position God had assigned him. It is one of the clearest pictures of a Destiny Helper in all of Scripture. **The victory in the valley was secured by the helpers on the hill.**

Many do not realize how often their public victories are sustained by the unseen labor of their Aarons and Hurs—the intercessor who rose at three in the morning, the faithful giver who prayed over an offering before sending it, the volunteer who set up chairs before anyone arrived. When their arms stayed strong, your hands stayed up. When their faith stayed strong, your assignment moved forward. I have lived this. I know what it is to come off a platform and learn later that someone I had never met carried me through that hour in prayer. You owe these helpers more than you have any way of repaying. The good news is that Heaven keeps the books, and Heaven settles every account.

### ***The New Testament Pattern***



The teaching of the Destiny Helper does not end with the old covenant; it is intensified in the new. When the Apostle Paul lists the ministry gifts in 1 Corinthians 12:28, he places “*helps*” alongside apostles, prophets, and teachers. The Greek word is *antilempsis*, meaning to take hold of in place of another, to come alongside as relief. Helps is not a casual category of service. It is a Spirit-bestowed gift, set in the body by God Himself.

*And God has appointed these in the church: first apostles, second prophets, third teachers, after that miracles, then gifts of healings, helps, administrations, varieties of tongues. (1 Corinthians 12:28, NKJV)*

*God has placed in the church the following: First apostles, second prophets, third teachers, then those owning the gift of miracles, gifts of divine healings, helping others, leadership skills, and the diverse kinds of tongues. (1 Corinthians 12:28, TPT)*

Notice the company that helps keeps. The same God who appoints apostles in the Church also appoints helpers. Both are gifts. Both are graces. Both are essential. If you value the apostle but disregard the helper, you have misread the architecture of the body of Christ. Adina and I have always operated this way—we honor the helper because Heaven honors the helper. There is no apostolic ministry that flourishes apart from the helps stream functioning around it.

### ***The Women Who Followed Jesus***

Even the earthly ministry of Jesus operated within this divine pattern. Luke records that as Jesus traveled from city to city preaching the Kingdom, He was accompanied not only by the Twelve but by a company of women “*who provided for Him from their substance*” (Luke 8:3, NKJV). These women were Destiny Helpers in the truest sense. They were not merely benefactors; they were partakers of the assignment. Their resources funded the very feet that walked toward Calvary.

If the incarnate Son of God did not refuse the help of those Heaven sent, no minister in any generation has the spiritual luxury of doing so.

### ***The Foundation Stated Plainly***



From Eden to the Upper Room, Heaven’s pattern is consistent. God calls. God sends. And God surrounds the called one with helpers. Every assignment of God carries within it a corresponding company. To miss this truth is to miss the architecture of how Heaven moves on earth.

#### Foundational Truths to Internalize

- 1. Heaven assigns helpers; helpers are not accidents.*
- 2. To be a helper is to share in the helping nature of God Himself.*
- 3. The anointing on your life is meant to be shared with the helpers.*
- 4. Public victories are often secured by unseen helpers.*
- 5. Helps is a Spirit-bestowed gift placed in the Church by God.*
- 6. Even the Lord Jesus did not refuse the helpers Heaven sent.*

#### ***The Four Streams of Heavenly Assistance***

**Not every Destiny Helper carries the same assignment.** Just as a body has many members and each member has a different function, the helpers Heaven sends to your ministry are distributed across distinct streams of grace. Recognizing these streams is essential, because failing to recognize a helper’s stream often leads to misplaced expectations and unnecessary friction. I have watched leaders wound their best givers by demanding that they also intercede, and wound their best intercessors by demanding that they also give. Do not make that mistake.

In over four decades of ministry observation, I have come to identify four primary streams through which Heaven dispatches assistance. These four are not exhaustive—Heaven is creative beyond our categories—but they cover the vast majority of ways God surrounds an assignment with help. As we move through them, I want you to begin asking Holy Spirit which stream is most active in your ministry now, which one is most in need of strengthening, and which one Heaven is preparing to release next.



### ***Stream One: Natural Assistance***

Natural helpers bring practical skill, physical labor, and the wisdom of the trades to the work of ministry. They are the carpenters who build the platforms, the technicians who run the cameras, the cooks who feed the team, the drivers who transport the equipment, the graphic designers who shape the visual identity, the administrators who keep the schedules. Their gifting is often dismissed as merely natural, but Scripture gives no such permission for the dismissal.

When Solomon built the temple, the Lord raised up Bezalel and Aholiab—craftsmen filled with the Spirit of God specifically for the work of skilled labor (Exodus 31:1–6). Their welding, weaving, and woodwork were as Spirit-filled as the high priest’s prayers. **Natural assistance is sacred assistance when offered to a heavenly assignment.**

### ***Stream Two: Financial Assistance***

Financial helpers are those whom Heaven has prospered for the express purpose of funding Kingdom assignments. Their wealth is not random; it is stewardship. Like the women in Luke 8, like Lydia who opened her home to Paul, like the Philippian church that sent gift after gift while no other church partnered with the apostle (Philippians 4:15–16)—financial helpers underwrite the infrastructure of the gospel.

It is a profound mistake to view financial helpers as merely transactional. **The check is not the gift; the giver is the gift.** Their offering is a downpayment of faith, a sowing of substance into the soil of someone else’s assignment—and Heaven keeps an exact ledger of every seed.

*Not that I seek the gift, but I seek the fruit that abounds to your account. (Philippians 4:17, NKJV)*

### ***Stream Three: Intercessory Assistance***

Intercessory helpers labor in the unseen realm. They wrestle in prayer for the minister, the ministry, and the assignment itself. They often cannot articulate what they are pulling against, but the Spirit of God uses them to dismantle in the heavenlies what would otherwise dismantle the work on earth.



Intercessors are frequently the least visible and the most strategic of helpers. You may never know the names of half the people who carry your burden in prayer. Eternity will reveal that some of the largest victories in their ministry were obtained on the praying knees of someone they never met.

*Pray passionately in the Spirit, as you constantly intercede with every form of prayer at all times. Pray the blessings of God upon all His believers. (Ephesians 6:18, TPT)*

### ***Stream Four: Other Forms of Aid***

Beyond the three primary streams, Heaven sends a fourth category of helpers whose contributions defy a single label. These include counselors who bring wisdom in seasons of decision, connectors who open strategic doors, coverings who provide spiritual oversight and protection, encouragers whose timely word steadies you in valleys of discouragement, mentors who shape character, and friends who simply remain present. Their assistance may not show up on a balance sheet, but their absence would collapse the assignment.

### ***Why the Streams Must Be Distinguished***

You must learn to distinguish which stream each helper has been sent to serve. A common ministry wound is the expectation that every helper should function in every stream. The financial helper is pressured to also intercede. The intercessor is pressured to also give. The natural helper is expected to also counsel. Hear me clearly: this is not how Heaven works. **Heaven sends specific people for specific assignments in specific streams, and your job is to receive what Heaven has actually sent rather than to redefine the helper according to your need.**

Read 1 Corinthians 12 carefully, and you will find Paul defending the diversity of the body. The eye does not say to the hand, *"I have no need of you."* Neither does the eye attempt the work of the hand. Each member functions in its assigned stream, and the body is whole because of the diversity, not in spite of it. Apply that to your team. The intercessor is not the giver. The giver is not the volunteer. The volunteer is not the counselor. Honor what Heaven has actually given you in each person rather than what you wish Heaven had given you.



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*The minister who demands that every helper give in every stream will eventually empty the well of every helper.*

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### ***Identifying the Streams in Practice***

To help ministers and ministry leaders begin recognizing the streams operating in their own work, the summary below identifies each stream and its primary expression.

#### ***The Four Streams at a Glance***

**Natural** – Skilled labor and practical service

**Expressions:** Builders, technicians, drivers, designers, administrators

**Biblical Example:** Bezalel and Aholiab (Exodus 31)

**Financial** – Stewardship of resources

**Expressions:** Donors, partners, business owners, monthly supporters

**Biblical Example:** Lydia, the women of Luke 8, the Philippians

**Intercessory** – Prayer warfare in the unseen realm

**Expressions:** Watchmen, prayer warriors, prophetic intercessors

**Biblical Example:** Anna in the temple (Luke 2)

**Other Aid** – Counsel, connection, covering, friendship

**Expressions:** Mentors, advisors, apostolic coverings, true friends

**Biblical Example:** Jethro, Barnabas, the four friends in Mark 2

In revelation that we will share soon, we will examine each of these streams in detail—beginning with natural helpers, advancing through the financial and



intercessory streams, and arriving at the broader category of additional aid before turning to the strategies of the enemy.

### ***Stream Recognition Self-Assessment***

*Ask the Lord which streams He has assigned to you, and through whom:*

*Who has Heaven raised up around me as a natural helper?*

*Who has Heaven prospered to be a financial partner with my assignment?*

*Who is carrying me in prayer—even those whose names I may not yet know?*

*Who provides counsel, connection, or covering for my life and ministry?*

*Have I unintentionally pressured a helper to function outside their stream?*